The Five Behaviors®
Personal Development
Build a Culture of Teamwork that Drives Results
It’s time for a new approach to teamwork.

In the modern workplace, team members must navigate an environment that is in constant flux. That’s no easy task, and employees must be flexible, socially adept, and relationship-savvy in order to navigate interpersonal challenges and achieve collective gains within and across their teams.

But solid teamwork doesn't happen overnight, and it’s not necessarily an innate skill. Teamwork must be developed and practiced—and it requires the right framework in order to thrive.

The Five Behaviors® Personal Development can be your solution for building a culture of teamwork.
What Is The Five Behaviors® Personal Development?

The Five Behaviors® Personal Development is the result of a partnership between Wiley and best-selling author Patrick Lencioni. This solution teaches individuals to become better teammates by integrating the model from Lencioni’s book, *The Five Dysfunctions of a Team*, at the organizational level.

This powerful virtual or in-person experience assesses an individual’s approach to teamwork, provides personalized insights on how they can more effectively work with others, and teaches participants the critical behaviors and interpersonal skills needed to work together effectively.

The result is a unique and impactful team development solution that empowers individuals to rethink their approach to teamwork, shape new, more productive behaviors to increase productivity, and create a common language that completely redefines what it means to work together to build a culture of teamwork.

Lencioni’s model focuses on developing high-performing teams through five key behaviors: **Trust, Conflict, Commitment, Accountability, and Results.**
How Does The Five Behaviors®
Personal Development Work?

Patrick Lencioni, a thought-leader on effective teamwork and collaboration, introduced his powerful and approachable model nearly 20 years ago. Lencioni’s model was then adapted by Wiley into a scalable training solution that brings this engaging, personalized learning experience to life. Below is a breakdown of how The Five Behaviors® Personal Development works.

The Model

The Five Behaviors model takes the form of a pyramid, with each behavior serving as a foundation for the next. Simple, sound, and straightforward—you can’t have one behavior without the others in place to support it first.

The Assessment

The Five Behaviors offers adaptive, research-validated testing through a personality assessment.

The Profile

After taking the assessment, participants receive a precise, personalized profile that deepens their understanding of self, work style, and others in their organization.

The Facilitation

The experience is completed through a half-day training session, led by a trained Five Behaviors expert. This session includes a walkthrough of the Personal Development profile, breakout activities, and group discussion.
Deliver this Learning Experience with the Facilitation Kit

The Five Behaviors® Facilitation Kit provides you with everything you need to bring this solution to any organization and facilitate it successfully. This robust learning experience can be easily customized.

Facilitation Kit contents include:

- **Fully scripted half-day facilitation** with engaging activities and video (featuring Patrick Lencioni) that showcases real work situations

- Supporting materials for adapting the facilitation content for the virtual classroom

- Presentation in the form of **unlocked, customizable PowerPoint® slides and Word documents**—so building a custom program is easier than ever

Your learners will walk away with new tools and an action plan that they can immediately apply to their daily interactions and continue to use beyond the program.
Is The Five Behaviors® Personal Development Right for Your Organization?

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<thead>
<tr>
<th>Learner Takeaways</th>
<th>• The critical behaviors and interpersonal skills needed to be an effective team player on any team</th>
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<tbody>
<tr>
<td>Intended Learner</td>
<td>• Any employee at all levels of an organization, including managers or team leaders</td>
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<td></td>
<td>• Ideal for large teams, cross-functional teams, matrixed teams, or departments</td>
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<td>Reports</td>
<td>• Individual profile (details the learner’s unique results)</td>
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<td></td>
<td>• Comparison report (details the learner’s unique results compared with those of colleagues)</td>
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<td>Facilitation</td>
<td>• Designed for in-person and virtual experiences</td>
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<td>• Half-day session that can be customized to fit specific goals or timeframe</td>
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<td>• Flexible group size</td>
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Let’s discuss how you can leverage The Five Behaviors® to strengthen and build a culture of teamwork in your organization.

For more information, please contact us at:

Contact@sartolg.com

Sarto Leadership Group